

Lily Yan

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Education

Kobe University School of Medicine, Kobe, Japan

M.D./Ph.D., 2000

China Medical University, Shenyang, China

Bachelor of Medicine, 1993

Professional Experience

Aug/2022 – present

Professor, Michigan State University, Department of Psychology & Neuroscience Program

Aug/2015 – July/2022:

Associate Professor (Tenured), Michigan State University, Department of Psychology & Neuroscience Program

Aug/2011 – July/2015:

Assistant Professor (Tenure-track), Michigan State University, Department of Psychology & Neuroscience Program

Jan/2008 – Aug/2011:

Assistant Professor (Fixed-term), Michigan State University, Department of Psychology & Neuroscience Program

Nov/2003 - Dec/2007:

Associate Research Scientist, Columbia University, Department of Psychology.

Nov/2000 - Oct/2003:

Postdoctoral Research Scientist, Columbia University, Department of Psychology.

Oct/1995 - Oct/1996:

Visiting Researcher, Kyushu University School of Medicine, Department of Obstetrics and Gynecology, Japan.

Aug/1993 - Oct/1995:

Resident Doctor (Obstetrics and Gynecology), The Third Clinical College and Affiliated Hospital, China Medical University.

Research Support

Current support:

NIH/NIMH R01 MH111276 9/16/2016-7/31/2022 with NCE
 Role: co-PI with J.S. Lonstein (MSU) total cost: \$1,902,498
 Title: Neural Basis of Light-dependent Depression and Anxiety

NIH/NINDS R21 NS125449 9/15/2021-3/31/2023
 Role: co-PI with S. Iwase (U of Michigan) total costs: \$443,728; MSU: \$227,750
 Title: Diurnal experimental models to investigate neural mechanisms of sleep disturbance in Smith-Magenis Syndrome.

NIH/NIMH R21 MH131527 (5%tile) Pending
 Role: co-PI with B. Watson (U of Michigan) total costs: \$443,728; MSU: \$118,968
 Title: Electrophysiologic characterization of circadian rhythms of prefrontal cortical network states in a diurnal rodent.

Completed support:

College of Social Science Dr. Gwen Andrew Faculty Initiative Fund. 5/16/2021-5/15/2022
 Role: PI total costs: \$8,916
 Title: Generating the first genetically tractable diurnal model for a neurodevelopmental disorder.

NIH/NINDS R21 NS098173 4/1/2017-9/30/2021
 Role: PI with co-I: A.A.Nunez (MSU) total cost: \$419,824
 Title: Shedding light on orexinergic modulation of the hippocampus.

NIH/NINDS R21 NS098173-S1 4/1/2017-3/31/2019
 Role: PI with co-I: A.A. Nunez (MSU), trainee: Joel Soler total cost: \$108,199
 Title: Shedding light on orexinergic modulation of the hippocampus. Administrative supplement to enhance diversity in biomedical research force.

NSF IOS1147187. Aug 2012-July 2017
 Role: PI of subaward from University of Alaska total costs: \$188,167
 Title: Persistence, entrainment and function of circadian rhythms in arctic ground squirrels.

NSF IOS1051919. Feb 2011-Dec 2016
 Role: Co-PI with A.A. Nunez, L. Smale (MSU) total costs: \$600,000
 Title: Chronotype differences in the acute behavioral responses to light and darkness and their neural substrates.

NIH R03MH093760. Apr 2012-Mar 2015
 Role: PI total costs: \$147,828
 Title: Neural basis of SAD: development of a diurnal model.

College of Social Science Dr. Gwen Andrew Faculty Initiative Fund. July 2014-June 2015
 Role: PI total costs: \$7,270
 Title: Neural basis underlying light-dependent depression and anxiety.

MSU IRGP Award, Jan 2009-June 2010
Role: PI direct costs: \$40,000
Title: Neural mechanisms underlying circadian rhythm perturbation.

UC Mexus-Conacyt Collaborative Grant. July 2010-Dec 2011
Role: PI of subaward from UC Berkeley direct costs: \$7,500
Title: How does feeding synchronize the circadian timing system.

MSU Provost Undergraduate Research Initiative Award.
Role: Faculty Mentor total award: \$7,000
To support the following undergraduate research assistants working in lab: Ashley Tomczak (2009), Amy Campbell (2009), Greg Leach (2011) and Andrew Schmidt (2013).

MSU College of Natural Science Undergraduate Research Support Scholarship.
Role: Faculty Mentor total award: \$1,000
To support the undergraduate research assistant Widya Adidharma working in my lab in 2012.

Undergraduate and Graduate Courses Taught

Brain and Behavior, PSY 209
Laboratory in Behavioral Neuroscience, PSY 413
Chronobiology and Mental Health, PSY 493
Advanced Behavioral Neuroscience, PSY 811
System and Behavioral Neuroscience I, NEU 802

***Ad hoc* reviewer for professional journals**

AJP: Regulatory, Integrative and Comparative Physiology
Behavioral Brain Research
Behavioral Neuroscience
Behavioral Processes
Brain Research
Brain Structures and Function
Chronobiology International
ChronoPhysiology and Therapy
Dove Medical Press
Neuroscience
European Journal of Neuroscience
Experimental Neurology
Frontiers in Endocrinology
Frontiers in Neuroscience
Frontiers in Psychiatry
Journal of Biological Rhythms
Metabolic Brain Disorder
Nature Scientific Reports
Neuroscience

Neuroscience Letters
 Obesity
 Plos Computational Biology
 PLoS One
 Philosophical Transaction B
 Physiology & Behavior
 Psychiatry Research
 Psychoneuroendocrinology
 Physiology and Behavior
 Schizophrenia Research

Editorial Board

Frontiers in Endocrinology
 Frontiers in Neuroscience

Reviewer for grant proposals

UK Medical Research Council (MRC)	2012
Vienna Science and Technology Fund	2013
National Science Foundation, Modulation II pre-proposal review panel	2014
National Science Foundation	2014, 2015
US-Israel Binational Science Foundation	2016
Biotechnology and Biological Sciences Research Council (BBSRC, UK)	2016
Nation Institute of Health, NNRS Study Section	2018, 2020
National Science Foundation, Neural System review panel	2020
Israel Science Foundation	2020
National Institute of Health, BNRS Study Section	2021

MSU University/Department Service

University Undergraduate Research and Art Forum, judge	2008, 2010, 2011, 2014, 2015
University Jurisdictional Appeal Panel	2019
University Committee on Graduate Studies (UCGS)	2021 - 2022
UCGS Academic Research Policy Subcommittee	2021 - 2022
University Graduate and Graduate-Professional Judiciaries	2021 - 2022
Psychology Department Laboratory Animal committee, member	2011 to present
Psychology Department's Behavioral Neuroscience (BNS) group chair	2012 to 2014, 2017
Psychology Department Safety Committee	2016 to present
Psychology Department Fixed-term Faculty Review Committee	2017 to present
Psychology Department Graduate Studies Policy Committee	2018 to 2020
Psychology Department Undergraduate Studies Policy Committee	2021 -
Psychology Department's BNS Graduate Program Admissions chair	2016, 2018, 2022

Professional Memberships

Society for Neuroscience

Society for Research on Biological Rhythms
Society for Behavioral Neuroendocrinology

Students Mentored at MSU

Undergraduates: Amy Campbell (2008-2010), Ashley Tomczak (2008-2010), Madison Operacz (2010-2011), Mona Shah (2010-2011), Kathleen Thomas (2010-2011), Jennifer Kott (2011-2012), Greg Leach (2011-2014), Widya Adidharma (2011-2015), Andrew Schmidt (2013-2014), Chris Rausch (2014), Emily Chambers (2014), James Hong (2014-2015), Nadia Chupka (2014-2015), Sheneé Martin (2015), Alex Schulte (2015), Sara Golidy (2015-2016), Julian Johnson (2016-2017), Valerie Russell (2016-2017), Faiez Samad (2017-2020), Hang Xiong (2017-2020), Margaret Stumpfig (2017-2019), Christine Lee (2017-2018), Kiersten George (2019), Samhar Daoud (2019), Nyimasata Danjo (2019), Anna Moody (2019-2020), Carleigh Van Den Brook (2020~2022), Evie Fang (2020), Sarah Hoogstraten (2021), Emma Beaver (2021~2022), Lauren Gizinski (2021 ~), Jamie Shi (2022~), Meena Kannan (2022~), Nolan Lucera (2022~)

Graduate students: Sean Deats (2013~2015), Joel Soler (2014-2019), Celibets Colon-Ortiz (2015), Athanasios Kondilis (2016), Stephanie Phillips (2018-2020), Allison Costello (2019~), Madeline Rees (2021)

Publications

[*MSU undergraduate students; ^ MSU graduate students; # MSU post-docs; ^c indicates corresponding authorship]

Total citations: 4624; h-index: 32; i10-index: 54 (Google Scholar as of July, 2022)

Peer-reviewed journal articles

62. ^Costello A, Linning-Duffy K, *Vandenbrook C, Lonstein JS, Yan L^c. Daytime Light Deficiency Leads to Sex- and Brain Region-Specific Neuroinflammatory Responses in a Diurnal Rodent. *Cell Mol. Neurobiol.* 2022 July ePub IF: 5.046

61. Wu H-S, Gao F, Yan L, Given C. Evaluating chronotypically tailored light therapy for breast cancer survivors: Preliminary findings on fatigue and disrupted sleep. *Chronobiology International, ePub* Nov/3/2021. IF: 2.486

60. ^Soler JE, *Xiong H, *Samad F, Mandredsson F, Robison AJ, Núñez AA, Yan L^c. Orexin (hypocretin) mediates light-dependent fluctuation of hippocampal function in a diurnal rodent. *Hippocampus*, 2021 Oct 31(10):1104-1114 IF: 3.899

59. Lonstein JS, Linning-Duffy K, Tang YP, *Moody A, Yan L^c. Impact of daytime light intensity on the central orexin (hypocretin) system of a diurnal rodent (*Arvicanthis niloticus*). *EJN, ePub* April/26/2021 IF: 3.386

58. Yan L^c, Smale L, Nunez AA. Circadian and photic modulation of daily rhythms in diurnal mammals. *Eur J Neurosci.* 2020 Jan;51(1):551-566 IF: 3.386

57. *Adidharma W, ^Deats SP, #Ikeno T, Lipton JW, Lonstein JS, Yan L^C. Orexinergic modulation of serotonin neurons in the dorsal raphe of a diurnal rodent, *Arvicanthis niloticus*. *Horm Behav.* 2019 Nov 116:104584 IF: 3.684
56. Lonstein JS, Linning-Duffy K, Yan L^C. Low Daytime Light Intensity Disrupts Male Copulatory Behavior, and Upregulates Medial Preoptic Area Steroid Hormone and Dopamine Receptor Expression, in a Diurnal Rodent Model of Seasonal Affective Disorder. *Front Behav Neurosci.* 2019 Apr 12;13:72. eCollection 2019 IF: 2.512
55. ^Soler JE, *Stumpfig M, Tang YP, Robison AJ, Núñez AA, Yan L^C. Daytime Light Intensity Modulates Spatial Learning and Hippocampal Plasticity in Female Nile Grass Rats (*Arvicanthis niloticus*). *Neuroscience.* 2019 April 404:175-183. IF: 3.056
54. Yan L^C, Lonstein JS, Nunez AA. Light as a modulator of emotion and cognition: Lessons learned from studying a diurnal rodent. *Horm Behav.* 2019 May 111:78-86 IF: 3.684
53. ^Langel J, #Ikeno T, Yan L, Nunez AA, Smale L. Distributions of GABAergic and glutamatergic neurons in the brains of a diurnal and nocturnal rodent. *Brain Res.* 1700:152-159 (2018). IF: 2.929
52. #Ikeno T, Yan L^C. A comparison of the orexin receptor distribution in the brain between diurnal Nile grass rats (*Arvicanthis niloticus*) and nocturnal mice (*Mus musculus*). *Brain Res.* 1690:89-95 (2018). IF: 2.929
51. Nunez AA, Yan L, Smale L. The Cost of Activity during the Rest Phase: Animal Models and Theoretical Perspectives. *Front Endocrinol (Lausanne).* 9:72 (2018). IF: 3.675
50. ^Soler JE, Robison AJ, Núñez AA, Yan L^C. Light modulates hippocampal function and spatial learning in a diurnal rodent species: A study using male Nile grass rat (*Arvicanthis niloticus*). *Hippocampus.* 28(3):189-200. (2018) IF: 3.267
49. Williams CT, Barnes BM, Yan L, Buck CL. Entraining to the polar day: circadian rhythms in arctic ground squirrels. *J Exp Biol.* 220:3095-3102 (2017). IF: 3.32
48. #Gall AJ, Khacherian OS, Ledbetter B, ^Deats SP, Luck M, Smale L, Yan L, Nunez AA. Normal behavioral responses to light and darkness and the pupillary light reflex are dependent upon the olivary pretectal nucleus in the diurnal Nile grass rat. *Neuroscience.* 355:225-237 (2017). IF: 3.382
47. #Ikeno T, Williams CT, Buck CL, Barnes BM, Yan L^C. Clock Gene Expression in the Suprachiasmatic Nucleus of Hibernating Arctic Ground Squirrels. *J Biol Rhythms.* 32: 246-56 (2017). IF: 3.906
46. ^Zheng F, ^Zhang M, Moon C, Ding Q, Sethna F, Yan L, Wang H. Voluntary running depreciates the requirement of Ca²⁺-stimulated cAMP signaling in synaptic potentiation and memory formation. *Learning & Memory.* 23: 442-9 (2016). IF: 3.543

45. #Ikeno T, Yan L ^c. Chronic Light Exposure in the Middle of the Night Disturbs the Circadian System and Emotional Regulation. *J Biol Rhythms*. 31: 452-64 (2016). IF: 3.243
44. #Ikeno T, ^Deats SP, ^Soler J, Lonstein JS, Yan L ^c. Decreased daytime illumination leads to anxiety-like behaviors and HPA axis dysregulation in the diurnal grass rat (*Arvicanthis niloticus*). *Behav Brain Res*. 300:77-84 (2016). IF: 3.324
43. #Gall AJ, ^Shuboni DD, Yan L, Nunez AA, Smale L. Suprachiasmatic Nucleus and Subparaventricular Zone Lesions Disrupt Circadian Rhythmicity but Not Light-Induced Masking Behavior in Nile Grass Rats. *J Biol Rhythms*. 31:170-81 (2016). IF: 3.243
42. Yan L ^c, Silver R. Neuroendocrine underpinnings of sex differences in circadian timing systems. *J Steroid Biochem Mol Biol*. 160: 118-26 (2016). Review. PMID: 26472554
IF:4.561
41. ^Deats SP, *Adidharma W, Yan L ^c. Hypothalamic dopaminergic neurons in an animal model of seasonal affective disorder. *Neurosci Lett*. 602:17-21 (2015 Aug/18). PMID: 261168212. IF: 2.405
40. ^Shuboni DD, *Cramm SL, Yan L, #Ramanathan C, Cavanaugh BL, Nunez AA, Smale L. Acute effects of light on the brain and behavior of diurnal *Arvicanthis niloticus* and nocturnal *Mus musculus*. *Physiol Behav*. 138:75-86 (2015). PMID: 25447482 IF: 2.822
39. #Gall AJ, Yan L, Smale L, Nunez AA. Intergeniculate leaflet lesions result in differential activation of brain regions following the presentation of photic stimuli in Nile grass rats. *Neurosci Lett*. 579:101-5 (2014). IF: 2.030
38. ^Langel J, Yan L, Nunez AA, Smale L. Behavioral Masking and cFos Responses to Light in Day- and Night-Active Grass Rats. *J Biol Rhythms*. 29:192-202 (2014). IF: 3.133
37. Wang Q, Tikhonenko M, Bozack SN, Lydic TA, Yan L, Panchy NL, McSorley KM, Faber MS, Yan Y, Boulton ME, Grant MB, Busik JV. Changes in the daily rhythm of lipid metabolism in the diabetic retina. *PLoS One*. 15;9(4):e95028 (2014). IF: 3.70
36. *Donlin M, ^Cavanaugh BL, *Spagnuolo OS, Yan L, Lonstein JS. Effects of sex and reproductive experience on the number of orexin A-immunoreactive cells in the prairie vole brain. *Peptides*. 57:122-8 (2014). IF: 2.618
35. ^Deats SP, Adidharma W, Lonstein JS, Yan L ^c. Attenuated orexinergic signaling underlies depression-like responses induced by daytime light deficiency. *Neuroscience*. 11;272:252-60 (2014) IF: 2.079
34. #Gall AJ, Smale L, Yan L, Nunez AA. Lesions of the Intergeniculate Leaflet Lead to a Reorganization in Circadian Regulation and a Reversal in Masking Responses to Photic Stimuli in the Nile Grass Rat. *PLoS One*. 8(6):e67387 (2013). IF: 4.065

33. *Leach G, *Adidharma W, Yan L^c. Depression-like responses induced by daytime light deficiency in the diurnal grass rat (*Arvicanthis niloticus*). PLoS One. 8(2):e57115 (2013). IF: 4.065
32. *Leach G, #Ramanathan C, ^Langel J, Yan L^c. Responses of brain and behavior to changing day-length in the diurnal grass rat (*Arvicanthis niloticus*). Neuroscience. 234:31-9 (2013). IF: 3.327
31. *Adidharma W, *Leach G, Yan L^c. Orexinergic signaling mediates light-induced neuronal activation in the dorsal raphe nucleus. Neuroscience. 220: 201-7 (2012). IF: 3.122
30. *Kott J, *Leach G, Yan L^c. Direction-dependent effects of chronic "jet-lag" on hippocampal neurogenesis. Neurosci Lett. 515:177-80 (2012). IF: 2.026
29. ^Shuboni DD, *Cramm S, Yan L, Nunez AA, Smale L. Acute behavioral responses to light and darkness in nocturnal *Mus musculus* and diurnal *Arvicanthis niloticus*. J Biol Rhythms. 27: 299-307 (2012). IF: 3.641
28. Yan L^c. Structural and functional changes in the suprachiasmatic nucleus following chronic circadian rhythm perturbation. Neuroscience. 183:99-107 (2011). IF: 2.738
27. ^Shuboni D, Yan L^c. Nighttime dim light exposure alters the responses of the circadian system. Neuroscience. 170: 1172-8 (2010). IF: 3.515
26. Yan L^c, Silver R, Gorman M. Reorganization of suprachiasmatic nucleus networks under 24-h LDLD conditions. J Biol Rhythms. 25: 19-27 (2010). IF: 3.505
25. Yan L^c. Expression of clock genes in the suprachiasmatic nucleus: effect of environmental lighting conditions. Rev Endocr Metab Disord. 10: 301-10 (2009). IF: 6.219
24. #Ramanathan C, *Campbell A, *Tomczak A, Nunez AA, Smale L, Yan L^c. Compartmentalized expression of light-induced clock genes in the suprachiasmatic nucleus of the diurnal grass rat (*Arvicanthis niloticus*). Neuroscience. 161: 960-9 (2009). IF: 3.546
23. Yan L^c, Silver R. Day-length encoding through tonic photic effects in the retinorecipient SCN region. Eur J Neurosci. 28: 2108-15 (2008). IF: 2.573
22. Kriegsfeld LJ, Mei DF, Yan L, Witkovsky P, Le Sauter J, Hamada T, Silver R. Targeted mutation of the calbindin D28K gene disrupts circadian rhythmicity and entrainment. Eur J Neurosci. 27: 2907-21 (2008). IF: 2.573
21. Yan L, Karatsoreos I, LeSauter J, Welsh DK, Kay S, Foley D, Silver R. Exploring spatiotemporal organization of SCN circuits. Cold Spring Harb Symp Quant Biol. 72: 527-41 (2007). IF: NA

20. Witkovsky P, Svenningsson P, Yan L, Bateup H, Silver R. Cellular localization and function of DARPP-32 in the rodent retina. *European Journal of Neuroscience*, 25: 3233-42 (2007).
IF: 2.495
19. Yan L, Bobula JM, Svenningsson P, Greengard P, Silver R. DARPP-32 involvement in the photic pathway of the circadian system. *Journal of Neuroscience*, 26(37):9434-8 (2006)
IF: 8.209
18. Yan L, Foley N, Bobula JM, Kriegsfeld L, Silver R. Two antiphase oscillations occur in each suprachiasmatic nucleus of behaviorally split hamsters. *Journal of Neuroscience*, 25(39):9017-26 (2005) IF: 8.221
17. Yan L, Silver R. Resetting the brain clock: time course and localization of mPER1 and mPER2 protein expression in suprachiasmatic nuclei during phase shifts. *European Journal of Neuroscience*, 19(4) 1105-9 (2004) IF: 2.414
16. Karatsoreos IN, Yan L, LeSauter J, Silver R. Phenotype matters: identification of light-responsive cells in the mouse suprachiasmatic nucleus. *Journal of Neuroscience*, 24(1): 68-75 (2004) IF: 8.311
15. Hamada T, LeSauter J, Lokshin M, Romero M, Yan L, Venuti J, Silver R. Calbindin influences response to photic input in suprachiasmatic nucleus. *Journal of Neuroscience*, 23(26): 8820-26 (2003) IF: 8.582
14. Witkovsky P, Veisenberger E, LeSauter J, Yan L, Johnson M, Zhang D, McMahon D, Silver R. Cellular Location and Circadian Rhythm of Expression of the Biological Clock Gene Period 1 in the Mouse Retina. *Journal of Neuroscience*, 23(20): 7670-76 (2003) IF: 8.582
13. Yan L, Hochstetler K, Silver R, Bult-Ito A. Phase shifts and Per gene expression in mouse suprachiasmatic nucleus. *Neuroreport*, 14(9): 1247-51 (2003) IF: 1.404
12. LeSauter J, Yan L, Vishnubhotla B, Quintero J, Kuhlman S, McMahon D, Silver R. A short half-life GFP mouse model for analysis of suprachiasmatic nucleus organization. *Brain Research*, 946(2): 279-87 (2003). IF: 2.569
11. Ishida Y, Yokoyama C, Inatomi T, Yagita K, Dong X, Yan L, Yamaguchi S, Nagatsu I, Komori T, Kitahama K, Okamura H. Circadian rhythm of aromatic L-amino acid decarboxylase in the rat suprachiasmatic nucleus: gene expression and decarboxylating activity in clock oscillating cells. *Genes Cells*, 7(5): 447-59 (2002). IF: 3.925
10. Yan L, Silver R. Differential induction and localization of mPer1 and mPer2 during advancing and delaying phase shifts. *European Journal of Neuroscience*, 16: 1531-40 (2002).
IF: 4.101
9. Yan L, Okamura H. Gradients in the circadian expression of Per1 and Per2 genes in the rat suprachiasmatic nucleus. *European Journal of Neuroscience*, 15: 1153-62 (2002) IF: 4.101
8. Takekida S, Yan L, Maywood E, Hastings M, Okamura H. Differential adrenergic regulation of the circadian expression of the clock gene Period1 and Period2 in the rat pineal gland. *European Journal of Neuroscience*, 12: 4557-4561 (2000) IF: 3.863
7. Miyake S, Sumi Y, Yan L, Takeda S, Fukuyama T, Ishida Y, Yamaguchi S, Yagita K, Okamura H. Phase-dependent responses of Per1 and Per2 genes to a light-stimulus in the suprachiasmatic nucleus of the rat. *Neuroscience Letters*, 294: 41-44 (2000) IF: 2.131

6. Yamaguchi S, Mitui S, Miyake S, Yan L, Onishi H, Yagita K, Suzuki M, Shibata S, Kobayashi M, Okamura H. The 5' upstream region of mPer1 gene contains two promoters and is responsible for circadian oscillation. *Current Biology*, 10: 873-876 (2000) IF: 7.916
5. Yamaguchi S, Mitui S, Yan L, Yagita K, Miyake S, Okamura H. Role of DBP in the circadian oscillatory mechanism. *Molecular and Cellular Biology*, 20(13): 4773-4781 (2000) IF: 9.683
4. Yan L, Miyake S, Okamura H. Distribution and circadian expression of dbp in SCN and extra-SCN areas in the mouse brain. *Journal of Neuroscience Research* 59 : 291-295 (2000) IF: 3.314
3. Yan L, Takekida S, Shigeyoshi Y, Okamura H. Per1 and Per2 gene expression in the rat suprachiasmatic nucleus: Circadian profile and the compartment-specific response to light. *Neuroscience*, 94 (1): 141-150 (1999) IF: 3.924
2. Takumi T, Taguchi K, Miyake S, Sakakida Y, Takashima N, Matsubara C, Maebayashi Y, Okumura K, Takekida S, Yamamoto S, Yagita K, Yan L, Young MW, Okamura H. A light-independent oscillatory gene mPer3 in mouse SCN and OVLT. *EMBO Journal*, 17 (16): 4753-4759 (1998) IF: 13.171
1. Shigeyoshi Y, Taguchi K, Yamamoto S, Takekida S, Yan L, Tei H, Moriya T, Shibata S, Loros JJ, Dunlap JC, Okamura H. Light-induced resetting of a mammalian circadian clock is associated with rapid induction of the mPer1 transcript. *Cell*, 91 (7): 1043-1053 (1997) IF: 37.297

Book chapters

3. **Yan L**, Smale L, Nunez AA. Neuroendocrine Mechanisms of Circadian Rhythms in Diurnal Species. *Oxford Research Encyclopedia of Neuroscience. Subject: Neuroendocrine and Autonomic Systems* (2018).
2. Okamura-H; Yamaguchi-S; Yan-L. Clock genes in humans. (in Japanese) In Tamura-K (Ed.) *Clinical Assessment of Circadian Behavior*, Nagai Press: Osaka, Japan, 2000
1. Okamura-H; Yamaguchi-S; Yan-L. Circadian oscillation of Mammalian Period Gene. In Honma-K and Honma-S (Ed.) *Zeitgebers, Entrainment and Masking of the Circadian system*, Hokkaido University Press, Sapporo, 2001

Recent invited talks

Shining light on a diurnal brain: impact of light on mental health. Symposium “Circadian Disruption and Psychiatric Disorders”. Society for Research on Biological Rhythms Biennial Conference. Amelia Island, FL, May 2022.

Seasonal rhythms in affect and cognition. University of Michigan, Molecular & Integrative Physiology, Biological Rhythms and Sleep Seminar. Nov 2019

A moody clock: circadian properties and affective behaviors in a diurnal rodent. Symposium “Biological Clocks: Diversity and common themes among vertebrates”. The 10th International

Congress of Comparative Physiology and Biochemistry. Ottawa, Canada. Aug 2019

How does light modulate mood and cognition? University of Alaska, Fairbanks. Institute of Arctic Biology Life Science Seminar, April 2019

The bright side of light: light as a modulator of emotion and cognition. Symposium “Circadian and seasonal changes in brain function and behavior”. International Congress of Neuroendocrinology. Toronto, Canada, June 2018.

How does light modulate mood and cognition: is orexin a common mediator? University of Michigan. Department of Psychology Colloquium, Sep 2017

Seasonality in Emotion and Cognition. Symposium: The 29th Conference of the International Chronobiology Society, Oct 24-28, 2016, China

Conference Abstracts

44. Costello A, Linning-Duffy K, Vandenbrook C, Lonstein JS, Yan L. Sex differences in responses to early morning bright light therapy in central orexin, BDNF, and neuroinflammatory markers in a diurnal rodent. San Diego, CA: Society for Neuroscience, Oct 2022

43. Costello A, Vandenbrook C, Lonstein JS, Yan L. Early-morning bright light therapy improves nighttime sleep quality and upregulates central orexin and BDNF measures in male Nile grass rats (*Arvicanthis niloticus*). Atlanta, GA: Society for Behavioral Neuroendocrinology, June 2021

42. Costello A, Linning-Duffy K, Vandenbrook C, Lonstein JS, Bortolato M, Yan L. Seasonal expression of 5 α -Reductase in corticolimbic brain regions of a diurnal rodent. Chicago, IL: Society for Neuroscience, Oct 2021

41. Costello A, Linning-Duffy K, Vandenbrook C, Lonstein JS, Yan L. Daytime light intensity modulates neuroinflammation in a diurnal rodent. Society for Behavioral Neuroendocrinology, July 2021.

40. Samad F, Xiong H, Daoud S, Linning-Duffy K, Manfredsson FP, Lonstein JS, Yan L. Orexinergic projection to the dorsal raphe regulates affective behaviors in an animal model of SAD. Chicago, IL: Society for Neuroscience, Oct 2019

39. Moody A, Adidharma W, George K, Linning-Duffy K, Lonstein JS, Yan L. Daily rhythm of orexin immunoreactivity and release in a diurnal rodent model of seasonal affective disorder. Chicago, IL: Society for Neuroscience, Oct 2019

38. Phillips, SD, Xiong H., Donohue K, O'Hara B, Lonstein, JS, Yan, L. Too sad to sleep? Sleep patterns in a rodent SAD model analyzed by a piezoelectric system. Chicago, IL: Society for Neuroscience, Oct 2019

37. Yan L. A moody clock: circadian properties and affective behaviors in a diurnal rodent. The 10th International Congress of Comparative Physiology and Biochemistry. Ottawa, Canada. Aug 2019

36. Xiong H, Liu Y, Liao W, Yan L. Interaction of light, sex and gut microbiota in a diurnal model of depression. San Diego, CA: Society for Neuroscience, Nov 2018.

35. Yan L, Soler J, Nunez AA. Daytime illumination modulates spatial learning through the

orexinergic pathways in the diurnal Nile grass rat (*Arvicanthis niloticus*). San Diego, CA: Society for Neuroscience, Nov 2018.

34. Tang YP, Stumpfig M, Samad F, Xiong H, Linning-Duffy K, Lonstein JS, Yan L. Sex differences in Effects of light Intensity on Orexinergic system in the diurnal Nile grass rats (*Arvicanthis niloticus*). International Congress of Neuroendocrinology. Toronto, Canada, 2018.

33. Yan L. The bright side of light: light as a modulator of emotion and cognition. International Congress of Neuroendocrinology. Toronto, Canada, 2018.

32. Soler J, Nunez AA, Yan, L. Orexin alleviates cognitive impairments induced by daytime dim light in the diurnal Nile grass rat (*Arvicanthis niloticus*). 16th Biennial Meeting, Society for Research on Biological Rhythms, Amelia Island, FL, 2018.

31. Lonstein, JS, Linning-Duffy K, Yan L. Decreased daytime illumination impairs male copulatory behavior in a diurnal rodent model of seasonal affective disorder (SAD). Washington DC: Society for Neuroscience, Nov 2017.

30. Yan L, Nunez AA. Sex Differences in the Photic Modulation of Spatial Learning and Hippocampal Plasticity in the Diurnal Grass Rat (*Arvicanthis niloticus*). Long Beach, CA: Society for Behavioral Neuroendocrinology, Sep 2017.

29. Soler J, Nunez AA, Yan, L. Light modulates spatial learning and memory in a diurnal rodent species, the Nile grass rat (*Arvicanthis Niloticus*). San Diego, CA: Society for Neuroscience, Nov 2016.

28. Lily Yan. Seasonality in Emotion and Cognition (Symposium) The 29th Conference of the International Chronobiology Society, Oct 24-28, 2016, Suzhou, China

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